

NA25: Compositae Mix

Patient Information

Your patch test result indicates that you have a contact allergy to compositae mix. This contact allergy may cause your skin to react when it is exposed to this substance although it may take several days for the symptoms to appear. Typical symptoms include redness, swelling, itching and fluid-filled blisters.

Where is compositae mix found?

Compositae mix consists of extracts of the following plants from the compositae or Astraceae family: common yarrow, mountain arnica, German chamomile, feverfew, and the common tansy. Extracts of these plants may be found in cosmetics and skin care products and hair care products, anti-inflammatory medications, ointments and tinctures, mouth washes, and herbal lozenges.

How can you avoid contact with compositae mix?

Avoid products that list any of the following names in the ingredients:

- Achillea
- Arnica
- Arnica latifolia
- Blue chamomile oil
- Chamomile
- Common yarrow
- Feverfew
- German chamomile
- Leopard's bane
- Matricaria oil
- Mountain arnica
- Oil of matricaria
- Wild chamomile oil
- Yarrow
- EPA Pesticide Chemical Code 128853
- Achillea millefolium
- Arnica flower
- Arnica montana
- Caswell No. 167E
- Common tan
- FEMA No. 2273
- Flores arnicae
- German chamomile extract
- Matricaria chamomilla L.
- Milfoil
- Mountain tobacco
- Sy
- Wolf's bane
- Yarrow herb

What are some products that may contain Compositae mix?

- Anti-Inflammatory Medications, Ointments and Tinctures
- Cosmetics
- Lip Balms
- Hair Care Products
- Herbal Lozenges
- Herbal Teas
- Mouth Washes
- Skin Care Products

*For additional information about products that might contain **compositae mix**, go to the Household Product Database online (householdproducts.nlm.nih.gov) at the United States National Library of Medicine. These lists are brief and provide just a few examples. They are not comprehensive. Product formulations also change frequently. Read product labels carefully and talk to your doctor if you have any questions. These are general guidelines. Talk to your doctor for more specific instructions.