



the art and science of smart patch testing™

NA82: Mentha piperita oil (peppermint oil)

CAS#: 8006-90-4

Patient Information

Your patch test result indicates that you have a contact allergy to mentha piperita oil. This contact allergy may cause your skin to react when it is exposed to this substance although it may take several days for the symptoms to appear. Typical symptoms include redness, swelling, itching, and fluid-filled blisters.

Where is mentha piperita oil found?

Mentha piperita oil is used in various food products for flavoring, including teas, ice cream, candy, chewing gum, and toothpaste. This substance can also be found in household items with a minty aroma such as shampoo, conditioner, lotions, and soaps.

How can you avoid contact with mentha piperita oil?

Avoid products that list any of the following names in the ingredients:

- FEMA No. 2848
- HSDB 1900
- Mentha piperita oil
- Oil of peppermint
- Oils, mentha piperita
- Oils, peppermint
- Peppermint absolute (Mentha piperita)
- Peppermint oil
- Peppermint oil (Mentha piperita)
- Peppermint oleoresin/extract (Mentha piperita L.)
- Peppermint terpenes
- Pfefferminz oel
- Pfefferminz oel [German]

What are some products that may contain mentha piperita oil?

Creams and Lotions:

- Noxzema Instant Shave-Regular
- Noxzema Medicated Instant Shave, Extra Sensitive Skin
- Noxzema Sensitive Skin Cream-Jar
- Revlon Professional Cuticle Massage Night Cream
- Vaseline Intensive Care Solutions Smooth Feet

Dental Products:

- Fixodent Complete Denture Adhesive Cream
- Fixodent Denture Adhesive Cream

- Fixodent Denture Adhesive Powder, Extra Hold

Household Products:

- Ace with Bleach Laundry Detergent Powder
- Bonide Mouse Magic Rat & Mouse Repellent

Hair Care:

- 8 in 1 Perfect Coat Select Antibacterial Deodorizing Shampoo
- Aussie Citrifier Shampoo
- Aussie Hair Salad Conditioner Lightweight-Clear
- Aussie Instant Freeze Spray, Aerosol
- Paul Mitchell Tea Tree Special Shampoo
- Salon Selectives Shampoo Level 1: Frequent Use
- Suave Herbal Care Shampoo, Lavender, Passion Flower & Vitamin B5
- Willow Lake Shampoo for Deep Cleansing and Clarifying, Tea Tree Oil & Sage
- Willow Lake Shampoo for Normal to Oily Hair, Lavender & Mint

Liquids:

- Clearasil StayClear Deep Clean Astringent
- Noxzema 2 In 1 Astringent
- Sea Breeze Astringent Oily Skin

Pet Care:

- Pet Gold 3 in 1 Antibacterial Shampoo for Dogs

*For additional information about products that might contain **mentha piperita oil**, go to the Household Product Database online (<http://householdproducts.nlm.nih.gov>) at the United States National Library of Medicine. These lists are brief and provide just a few examples. They are not comprehensive. Product formulations also change frequently. Read product labels carefully and talk to your doctor if you have any questions. These are general guidelines. Talk to your doctor for more specific instructions.